

Breakfast at

Good Morning!



SIZZLING ON THE GRIDDLE

CHICKEN AND WAFFLES \$15

Hand-dipped chicken on a hot Belgian waffle with cinnamon honey butter and real maple syrup.

SOUTHWEST SAMMY* \$16

A golden croissant filled with scrambled eggs, chorizo sausage, roasted poblano, pepperjack, grilled tomatoes, garlic aioli and served with choice of side.

PANCAKE SAMPLER

Choice of 2, 3 or 4 fluffy pancakes. Choose from roasted peach, blueberry, buttermilk, or chocolate chip.

2 Pancakes \$10

3 Pancakes \$12

4 Pancakes \$14

MONTE CRISTO \$16

Rich layers of Black Forest ham, swiss cheese, sliced brioche all dipped in a signature egg batter and grilled golden brown. Served with strawberry preserves and your choice of side.

SMOKED SALMON CROISSANT \$17

House smoked salmon, ricotta cream cheese spread, pickled onions, capers, and fresh baby greens on a toasted croissant. Served with choice of side.

T F T (TIRAMISU FRENCH TOAST) \$16

Sweet batter-dipped, thick-sliced brioche layered with whipped mascarpone, chocolate/coffee syrup, and cocoa powder. Topped with vanilla whipped cream, strawberries and lady finger dust.

LIGHT MORNING BREEZE

MERMAID SUNRISE SMOOTHIE \$10

A great start with banana, kiwi, pineapple, blue spirulina powder, blueberries and almond milk blended until smooth.

C3 TOAST* \$15

Local whole wheat toast topped with mashed avocado, heirloom tomato jam, crumbled prosciutto, sunny side up eggs, and everything bagel seasoning. Includes a side of fruit.

SMART START* \$14

Grilled chicken breast, egg whites, avocado, sliced Tomato, sautéed spinach and salsa. Over 40 grams of protein.

CREPES AND BERRIES \$12

Three delicate crepes topped with Chantilly cream, fresh berries and a dash of powdered sugar.

* These items are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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THE FULL EGG EXPERIENCE

STEAK AND EGGS* \$22

An 8oz New York strip grilled to order, two eggs your way, toast, a side and served with zesty chimichurri sauce.

FIRST TEE* \$12

Two large eggs your way, choice of bacon, pork sausage or chicken sausage and served with choice of side and toast.

- Add a ham steak for \$3 more

MEDITERRANEAN FRITTATA* \$13

Three large eggs, Roma tomatoes, baby spinach, roasted red pepper, and feta topped with balsamic glaze. Served with choice of side and toast.

DENVER OMELET* \$13

The classic omelet made with 3 eggs, diced ham, bell peppers, Roma tomatoes, red onion and shredded cheddar cheese. Served with choice of side and toast.

- Try it smothered in pork green chili for \$2 more

EGGS BENEDICT* \$15

Golden toasted English muffin topped with Canadian bacon, poached eggs and creamy hollandaise. Served with choice of side.

COASTAL BENNY* \$18

Toasted English muffin topped with sautéed spinach, house smoke salmon, poached eggs, pickled onions, and a lemon old bay hollandaise. Served with choice of side.

GARDEN BENEDICT* \$14

Poached eggs nestled on a bed of hollandaise, sautéed spinach, portobellos, bell pepper, and red onion. Topped with a balsamic reduction drizzle. Served with your choice of side.

SHAKSHUKA FLATBREAD* \$14

Flatbread topped with Shakshuka Sauce, scrambled eggs, crumbled bacon and melted mozzarella and feta cheese.

QUICHE LORRAINE \$14

Eggs and cream mixed with bacon, spinach, and Swiss cheese baked into a flaky pie shell. Served with a strawberry spinach salad.

BURRITOS

BREAKFAST BURRITO \$9

A jumbo tortilla stuffed with scrambled eggs, potatoes, cheddar jack cheese, green chili and smothered with pork green chili and cheese.

- Add Bacon, Chorizo, Pork Sausage, Chicken sausage, or Ham - \$3 each
- Add Sour Cream or Guacamole - \$2 each

SUNSHINE BURRITO \$15

A warm tortilla filled with roasted portobello, scrambled eggs, potatoes, bell peppers, spinach, tomato, and red onion. Smothered in our roasted poblano cream sauce.

Side Selections: Rosemary Potatoes • Cottage Cheese • Fresh Fruit
Add Waffle Hash Browns for an additional \$2

Breakfast Meat Selections: Bacon • Sausage • Chicken Sausage • Ham Steak

Toast Selections: English Muffin • Seven Grain • Rye • White